

## [SLOW COOKER HEALTHY RECIPES](#)



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### **50 Healthy Crock Pot Recipes for Slow Cooker Goodness**

A Healthy Version of a Slow Cooker Chili Here s a recipe that tries to healthify the standard chili we all know and love. They re using ground turkey for the meat, and they ve got all of the regular players like pinto beans, onions, and corn. They cheat a bit by using a chili packet, and have opted to go with a two alarm variety for added spiciness. Can t fault them for going the easy route.

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### **15 Healthy Slow Cooker Recipes for Meal Prep The Girl on**

These 15 Healthy Slow Cooker Recipes for Meal Prep are the best way to get ready for the work week just dump everything in the crock pot and get ready for healthy, delicious meals all week long!

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### **Healthy Slow Cooker Crockpot Recipes EatingWell**

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### **100 Favorite Slow Cooker Recipes Cooking Light**

Though some slow cooker recipes might skip the step of browning the meat, we find that this adds incomparable flavor to the finished dish. The browned bits contribute a beefy, savory flavor; without them, the dish would taste a little ho-hum. If you don't have red wine on hand, you can add an additional cup of broth but stir in a teaspoon or two of red or white wine vinegar to replicate the

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**Healthy slow cooker recipes BBC Good Food**

We know you like using slow cookers, and beyond rich soups and stews you can create nutritious meals packed with wholesome ingredients too. We show you how We re officially obsessed with slow cookers, and it turns out you are too thousands of you visit our slow cooker guides and recipes

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